



Middle-aged riddled diet recipe (whh)(Chinese Edition)

By LAI XIANG LIN BIAN ZHU

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2002-01-01 Publisher: Guangxi Science and Technology Basic Information Title: middle-aged riddled diet recipe (whh) Original Price: 8.8 yuan Author: Lai Xianglin ed Press: Guangxi Science and Technology Publication Date :2002-1-1 ISBN : 9787806661970 words: Page: Revision: Binding: Folio: Weight: Editor's so bitter medicine can cook mouth cuisine to help older people to prevent and cure diseases. and prolong life. Abstract ancient times. the medical food source. Chinese medicine has accumulated rich experience in the dietary treatment. A lot of Chinese medicine. apart from the exact treatment effect. the same is very favorite food for the elderly. Many diseases simply using drugs treatment effect is not ideal. especially in elderly patients with chronic disease. long-term medication to more patients added trouble and pain. making it difficult to adhere to treatment. In view of this. according to the disease characteristics of the elderly. the preparation of the book dedicated to the readers to make the bitter medicine. can be cooked into delicious dishes to help the elderly to prevent and cure diseases. and prolong life. Picks 79 diet recipe...



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